



## Please read & keep this on file for your information

### 1. Fees and payment

The Program Fee set out in this contract must be paid in full to The Wellness Revolution prior to the commencement of the The Wellness Revolution 90-Day Program.

### 2. Cancellation

For any cancellation you must give The Wellness Revolution written notice. Cancellations **received 7 days or more before** the commencement of The Wellness Revolution 90-Day Program will enable you to a full refund of the Course Fee paid at the date of cancellation. Cancellations **received less than 7 days before** the commencement of The Wellness Revolution 90-Day Program will incur a \$20.00 administration fee.

**Cancellations will not be accepted at any time after The Wellness Revolution 90-Day Program has commenced.**

### 3. Money back guarantee

The Wellness Revolution is offering a Money back Guarantee for those participants that have completed the 90 days and have not been personally satisfied with their results. This Guarantee is only offered when someone completes The Wellness Revolution 90 Day Program in entirety. Refunds will not be given to those who simply stop coming to the program. Upon refunds, all course materials will remain with the participant.

### 4. Warranty and release

You hereby acknowledge that The Wellness Revolution 90-Day Program activities are more strenuous and rigorous than other forms of exercise. You hereby acknowledge to The Wellness Revolution that you are physically capable of and there is no medical reason to prevent you from undertaking The Wellness Revolution 90-Day Program. The Wellness Revolution relies on the above warranties in allowing you to undertake The Wellness Revolution 90-Day Program. You acknowledge that whilst participating in The Wellness Revolution 90-Day Program, your person and your property are at your own risk. You acknowledge that you release and indemnify The Wellness Revolution in respect of and The Wellness Revolution hereby excludes, to the extent permitted by law, all liability for any injury loss or damage to person or property (whether direct, indirect, special or consequential) suffered by you while you are participating in The Wellness Revolution 90-Day Program, however that injury, damage or loss is caused, including if it is caused by the negligence of The Wellness Revolution.

### 4. Inclement weather

The Wellness Revolution 90-Day Program takes place rain, hail or shine. In the instance of inclement weather it is the responsibility of the participant to ensure appropriate clothing and footwear.

1. The Wellness Revolution 90-Day Program Instructors are trained in Senior First Aid. Each Instructor carries a First Aid Kit.
2. Your instructor may exclude you from undertaking The Wellness Revolution 90-Day Program or certain activities if he/she believes that undertaking or continuing to undertake The Wellness Revolution 90-Day Program or those activities may place your health at risk.
3. If you suspect you have sustained an injury or feel the effects of a previously known condition, cease all activity and bring it to the attention of the instructor IMMEDIATELY.
4. In the event of an emergency the emergency services number is 000.
5. Every recruit must have a full water bottle at the beginning of every session.
6. If you have an asthma condition – please carry your own medication (i.e. puffer).
7. Keep noise to a minimum especially in residential areas.
8. We are not interested in forcing you to do any activity you feel at risk of any danger, please inform the instructor if you think an exercise is too risky for you.